# 2019 NPC Southwest USA Championships **Fitness**

#	Contestant	Place
1	Allie Wankowicz	1

# **WBB Open**

#	Contestant	Place
2	Kristen Dillard	1

#### **Men BB True Novice**

#	Contestant	Place
22	Angel Simosa	1
3	Joel Landers	2

#### Men BB Teen

#	Contestant	Place
4	Richard Varela	1

### Men BB 35 and Over

#	Contestant	Place
6	Lyndon Johnson	1

#### Men BB 50 and Over

#	Contestant	Place
6	Lyndon Johnson	1
5	Steve Culver	2
3	Joel Landers	3
7	Ed Thompson	4

### Men BB 60 and Over

#	Contestant	Place
7	Ed Thompson	1

## Men BB 70 and Over

#	Contestant	Place
7	Ed Thompson	1

#### Men BB Novice LW

#	Contestant	Place
8	Ben Higginbotham	1
128	Billy Neal, Jr.	2

#### Men BB Novice MW All Athletes by Number

#	Contestant	Place
9	Harold Lanzona	1

# Men BB Novice HW

#	Contestant	Place
5	Steve Culver	1

#### Men BB LW

#	Contestant	Place
8	Ben Higginbotham	1
128	Billy Neal, Jr.	2

# Men BB Middleweight

#### All Athletes by Number Contestant

#	Contestant	Place
4	Richard Varela	1
122	Luther Williams, Jr	2

#### Men BB Light-HW

#	Contestant	Place
9	Harold Lanzona	1
11	Eric Johnson	2
10	James Piel	3
5	Steve Culver	4

#### Men BB HW

#	Contestant	Place
31	Mark Dixon	1

## Men BB Super-HW

#	Contestant	Place
119	Frederick Okoye	1

#### WP 35 and Over

#	Contestant	Place
13	Nancy Martin	1
12	Carla Brooks	2

# WP 45 and Over

#	Contestant	Place
13	Nancy Martin	1
14	Angela Crain	2

#### **WP Novice**

#	Contestant	Place
14	Angela Crain	1

# Women Physique A All Athletes by Number

#	Contestant	Place
2	Kristen Dillard	1
13	Nancy Martin	2
16	Meagan Smith	3

#### **CP True Novice**

#	Contestant	Place
18	Arsenio Phillips	1
17	Triston Trubenbach	2

#### **CP Teen**

#	Contestant	Place
17	Triston Trubenbach	1
19	Noah Ragap	2

#### CP Over 35

#	Contestant	Place
20	Stephen Mora	1
123	Chris James	2

#### CP Over 45

#	Contestant	Place
123	Chris James	1

# **CP Novice A**

#	Contestant	Place
21	Leonardo Lopez	1
128	Billy Neal, Jr.	2
22	Angel Simosa	3

#### **CP Novice B**

#	Contestant	Place
23	Cody Stricklin	1

#### **CP Novice C**

#	Contestant	Place
24	Austin Mishork	1
19	Noah Ragap	2

#### CP A

#	Contestant	Place
21	Leonardo Lopez	1
25	Andrew Olvera	2
128	Billy Neal, Jr.	3

#### CP B

#	Contestant	Place
27	Michael Malaxos	1
20	Stephen Mora	2
28	Andrew Wright	3
26	Rydge West	4
18	Arsenio Phillips	5

#### CP C

#	Contestant	Place
29	Gabriel Philpot	1
31	Mark Dixon	2
30	Jordan Monson	3
24	Austin Mishork	4
123	Chris James	5

# **Figure True Novice**

#	Contestant	Place
33	Shay Mora	1
32	Adriana Delgadillo	2
37	Lauren Moore	3

#### Figure 35 and Over

#	Contestant	Place
34	Lindsay Willis	1
32	Adriana Delgadillo	2
35	Ashlie Owen	3

#### Figure 45 and Over All Athletes by Number

#	Contestant	Place
36	Taangelia Stokes	1

#### **Figure Novice A**

#	Contestant	Place
38	Kelsey Carlson	1
34	Lindsay Willis	2
39	Katherine Long	3
36	Taangelia Stokes	4

#### Figure Novice B

#	Contestant	Place
40	Tamera Malone	1
33	Shay Mora	2
35	Ashlie Owen	3

#### Figure A

#	Contestant	Place
42	Karlee Meyers	1
38	Kelsey Carlson	2
34	Lindsay Willis	3
37	Lauren Moore	4
43	Jessica Shrecker	5
41	Rachel Morris	6

### Figure B

#	Contestant	Place
40	Tamera Malone	1
33	Shay Mora	2

#### **MP True Novice**

#	Contestant	Place
70	Anthony Forte	1
47	Ridha Fadhil	2
51	Lance Woodward	3
44	Garrett Augsburger	4
50	Freddy Guante	5
45	Brian Harrison	6
52	Christopher Carlson	7
49	Caden Williams	8
46	Rodolfo Escamilla	9
130	Ernie Canlales	10
48	Chase Stricklin	11

# Men Physique Teen All Athletes by Number

#	Contestant	Place
49	Caden Williams	1
127	Kelvin Tran	2

### MP Over 35

#	Contestant	Place
55	John Graves	1
54	Chris Davila	2
57	Damon Johnson	3
53	Stephen Sanders	4
56	James Ramsel	5

### Men Physique Over 45 All Athletes by Number

#	Contestant	Place
59	Clarence Wilson	1
58	Matthew Perdichi	2
65	Ronnie McMullen	3
45	Brian Harrison	4
125	Paul Rendon	5
121	Rhett Reddell	6

### Men Physique Over 55 All Athletes by Number

#	Contestant	Place
121	Rhett Reddell	1

### MP Novice A

#	Contestant	Place
62	Ali Alekhwan	1
70	Anthony Forte	2
64	Tito Garcia	3
61	Macario Melchor	4
44	Garrett Augsburger	5
17	Triston Trubenbach	6

### MP Novice B

#	Contestant	Place
63	Craig Cook	1
59	Clarence Wilson	2
67	Cortez Standifer	3
65	Ronnie McMullen	4
66	Sonthana Dok	5
57	Damon Johnson	6
56	James Ramsel	7
53	Stephen Sanders	8

### MP Novice C

#	Contestant	Place
51	Lance Woodward	1
68	Raymond Sousan	2
69	Jeremy Richards	3

#### Men Physique A

#	Contestant	Place
126	Jezreel Spencer	1
62	Ali Alekhwan	2
70	Anthony Forte	3
61	Macario Melchor	4
44	Garrett Augsburger	5
54	Chris Davila	6

### Men Physique B

#	Contestant	Place
71	Lance Shilling	1
63	Craig Cook	2
64	Tito Garcia	3
58	Matthew Perdichi	4

#### **Men Physique C**

#	Contestant	Place
55	John Graves	1
73	Eduardo Garcia*	2
67	Cortez Standifer	3
72	Asad Irfan	4
66	Sonthana Dok	5
57	Damon Johnson	6
74	Christian Gardner	7
56	James Ramsel	Ω

#### **Men Physique D**

#	Contestant	Place
75	Andres Ruiz	1
68	Raymond Sousan	2
69	Jeremy Richards	3

### Bikini True Novice All Athletes by Number

#	Contestant	Place
89	Cheyenne Noland	1
92	Kelci Bethke	2
88	Amanda Walsh	3
82	Cat Wilson	4
124	Gena Ettinger	5
93	Yvonne Slider	6
91	Hannah Efries	7
80	Kinza Azmat	8
83	LeeAnn Unruh	9
76	Annette Barker	10
86	Victoria Jones	11
85	Jacquieline Cagle	12
87	Stacey Watson	13
81	Karen Conway	14
78	Fe Reyes	15
77	Jessica McKinney	16
79	Megan Hanna	16
90	Mackenzie Lane	16

### Bikini Teen

#	Contestant	Place
86	Victoria Jones	1

### Bikini 35 and Over

#	Contestant	Place
95	Kimberly Taylor	1
98	Shannon Showalter	2
94	Laura Gainer	3
102	Toni Rafferty	4
120	Misty Gomez	5
124	Gena Ettinger	6
82	Cat Wilson	7
93	Yvonne Slider	8
83	LeeAnn Unruh	9
96	Darla Bergner	10
85	Jacquieline Cagle	11
100	Vassilia Young	12
99	Charmi Ramchandani	13
97	Jennifer Rhae	14
77	Jessica McKinney	15

#### Bikini 45 and Over

#	Contestant	Place
103	Tanna Telligman	1
102	Toni Rafferty	2
76	Annette Barker	3
83	LeeAnn Unruh	4
101	Dawn Brown	5
100	Vassilia Young	6
87	Stacey Watson	7
78	Fe Reves	8

#### **Bikini Novice A**

#	Contestant	Place
104	Cecilia Davila	1
105	Emma Coffey	2
116	Amber Mackenzie	3
120	Misty Gomez	4
80	Kinza Azmat	5
106	Alexandrea Bargas	6
101	Dawn Brown	7
77	Jessica McKinney	8

#### **Bikini Novice B**

#	Contestant	Place
111	Sarah Herse	1
112	Lexi Martin	2
114	Rachael McFarland	3
110	Rachael Fischer	4
107	Kyle Robbins	5
82	Cat Wilson	6
124	Gena Ettinger	7
108	Samantha Bologna	8
115	Leslie De La Rosa	9
83	LeeAnn Unruh	10
109	Erin Sheneman	11

### **Bikini Novice C**

#	Contestant	Place
89	Cheyenne Noland	1
95	Kimberly Taylor	2
92	Kelci Bethke	3
88	Amanda Walsh	4
91	Hannah Efries	5
97	Jennifer Rhae	6

### Bikini A

#	Contestant	Place
104	Cecilia Davila	1
116	Amber Mackenzie	2
120	Misty Gomez	3
101	Dawn Brown	4
99	Charmi Ramchandani	5
117	Brailey Kretlow	6

### Bikini B

#	Contestant	Place
105	Emma Coffey	1
80	Kinza Azmat	2
106	Alexandrea Bargas	3
77	Jessica McKinney	4

### Bikini C

#	Contestant	Place
111	Sarah Herse	1
112	Lexi Martin	2
114	Rachael McFarland	3
110	Rachael Fischer	4
124	Gena Ettinger	5
108	Samantha Bologna	6
107	Kyle Robbins	7
100	Vassilia Young	8
83	LeeAnn Unruh	9
115	Leslie De La Rosa	10
109	Erin Sheneman	11
81	Karen Conway	12

#### Bikini D

#	Contestant	Place
89	Cheyenne Noland	1
95	Kimberly Taylor	2
98	Shannon Showalter	3
94	Laura Gainer	4
92	Kelci Bethke	5
88	Amanda Walsh	6
93	Yvonne Slider	7
96	Darla Bergner	8
91	Hannah Efries	9
97	Jennifer Rhae	10
90	Mackenzie Lane	11

### 2019 NPC Southwest USA Championships **Overall Winners**

#	Contestant	Division
_	Dan Historials of base	Marala Dadribrillalia

8	Ben Higginbotham	Men's Bodybuilding - Novice
4	Richard Varela	Men's Bodybuilding - Open
NA	NA	Women's Physique - Novice
NA	NA	Women's Physique - Open
21	Leonardo Lopez	Men's Classic Physique - Novice
29	Gabriel Philpot	Men's Classic Physique - Open
40	Tamera Malone	Women's Figure - Novice
40	Tamera Malone	Women's Figure - Open
63	Craig Cook	Men's Physique - Novice
126	Jezreel Spencer	Men's Physique - Open
89	Cheyenne Noland	Bikini - Novice
89	Cheyenne Noland	Bikini - Open